

The felicity of this estate ...

THE 400TH ANNIVERSARY
OF THE INSIGHT OF THE
JUST SOUL

1615 - 2015

January 2015

Autobiography 1619

My Jesus, forgive me, remembering what You have done for me and whither You have brought me, and for this excess of goodness and love let me no more hinder You will in me.

have. Yet where as yet am I?

Had I never hindered Your will and working in me, what degrees of grace should I now

of all my good, and more worth to me than the whole world besides. What had I ever done to please You? Or what was there in me wherewith to serve You? Much less could I ever deserve to be chosen by You. O happy begun freedom, the beginning

and by degrees led me from all else that at length I might see and settle my love in You. O Parent of parents, and Friend of all friends, without entreaty you took me into your care

Together we pray

We pray with the Church and the World

From the words of Pope Francis speaking to religious:

Look into the depths of your heart, look into your own inner depths and ask yourself: do you have a heart that desires something great, or a heart that has been lulled to sleep by things? Has your heart preserved the restlessness of seeking or have you let it be suffocated by things that end by hardening it? God awaits you, he seeks you; how do you respond to him? Are you aware of the situation of your soul? Or have you nodded off? Do you believe God is waiting for you or does this truth consist only of 'words'?

August 2013

The United Nations has proclaimed 2015 as the International Year of Light. Light is necessary to the existence of life itself, and the many applications of light have revolutionized society through medicine, communications, entertainment and culture. Pray for scientists and experts in the field seeking to improve these areas of development for the good of all.

We pray with the Institute

January 6th is the day of handover from the outgoing leadership team to the newly elected group. Pray for each one: Noelle, Igora, Judy, Macarena and Brenda as they settle into their new surroundings and ministry. Pray for Marian, Sandra, Carmen, Barbara and Beatrice as they begin their time of sabbatical.

As we celebrate Mary Ward Week from January 23rd – 30th, let us pray for each other in every place, our CJ companions, our Associates, co-workers and colleagues. The *Just Soul* booklet will provide reflection for many months to come – but in this special week, reflect on the virtues expressed in this insight and the grace you will pray for at this time.

In many provinces women will be discerning their call to join IBVM communities. Pray for them wherever they are that God's Spirit will enlighten them in their *tender beginnings*.

One Small Voice

Lord, we give thanks
for the 'gold' in our lives:
for the people who are precious to us,
for the happy memories we treasure,
and for all that has been over the years.

May all that has been 'gold' for us,
remind us always to appreciate
all who are part of our lives.
Inspire us, Lord,
to live in such a way
that we help to bring out the best in others.
Amen